WHAT YOU SHOULD KNOW ABOUT MONKEYPOX

Monkeypox is a contagious disease caused by the monkeypox virus. Anyone who has been in close, personal contact with someone who has monkeypox is at risk.

Symptoms usually start 5-21 days after exposure

**RASH**

- Look like bumps, pimples, blisters, sores, or scabs
- Be anywhere on the body including on the genitals, anus, mouth, hands, and face
- Be in just one area or may spread over the body
- Be itchy or painful (especially if inside the mouth or anus)

**FLU-LIKE SYMPTOMS**

- Flu-like symptoms can appear 1-4 days before or after the rash starts
- Not everyone will get these symptoms

**OTHER SYMPTOMS**

- Fever/chills
- Exhaustion, muscle aches and headache
- Swollen lymph nodes

For more information on Monkeypox, visit: [ph.lacounty.gov/Monkeypox](http://ph.lacounty.gov/Monkeypox) 9/9/2022
HOW MONKEYPOX IS SPREAD
Monkeypox is known to spread by close, intimate and/or prolonged contact, including:

• Direct skin-to-skin contact with the rash, scabs, or sores during sex and other intimate contact such as kissing, massage, and cuddling.
• Contact with objects and fabrics (such as clothing, bedding, towels or sex toys) that have been used by someone with monkeypox and haven’t been cleaned.
• Contact with respiratory secretions. This can happen during prolonged, close, face-to-face contact or intimate contact.

A person with monkeypox can spread it to others from the time symptoms start until the rash has healed, scabs have fallen off, and there is a new layer of skin. This usually takes 2 to 4 weeks.

A pregnant person with monkeypox can spread the virus to their fetus.

Monkeypox is NOT spread through casual conversations or by walking by someone who has it.

VACCINATION is available for people at higher risk, including people who have been exposed to monkeypox.

ANTIVIRAL TREATMENT is available for people who have, or who are at risk of, severe monkeypox.

For more information talk to your doctor or visit ph.lacounty.gov/Monkeypox.