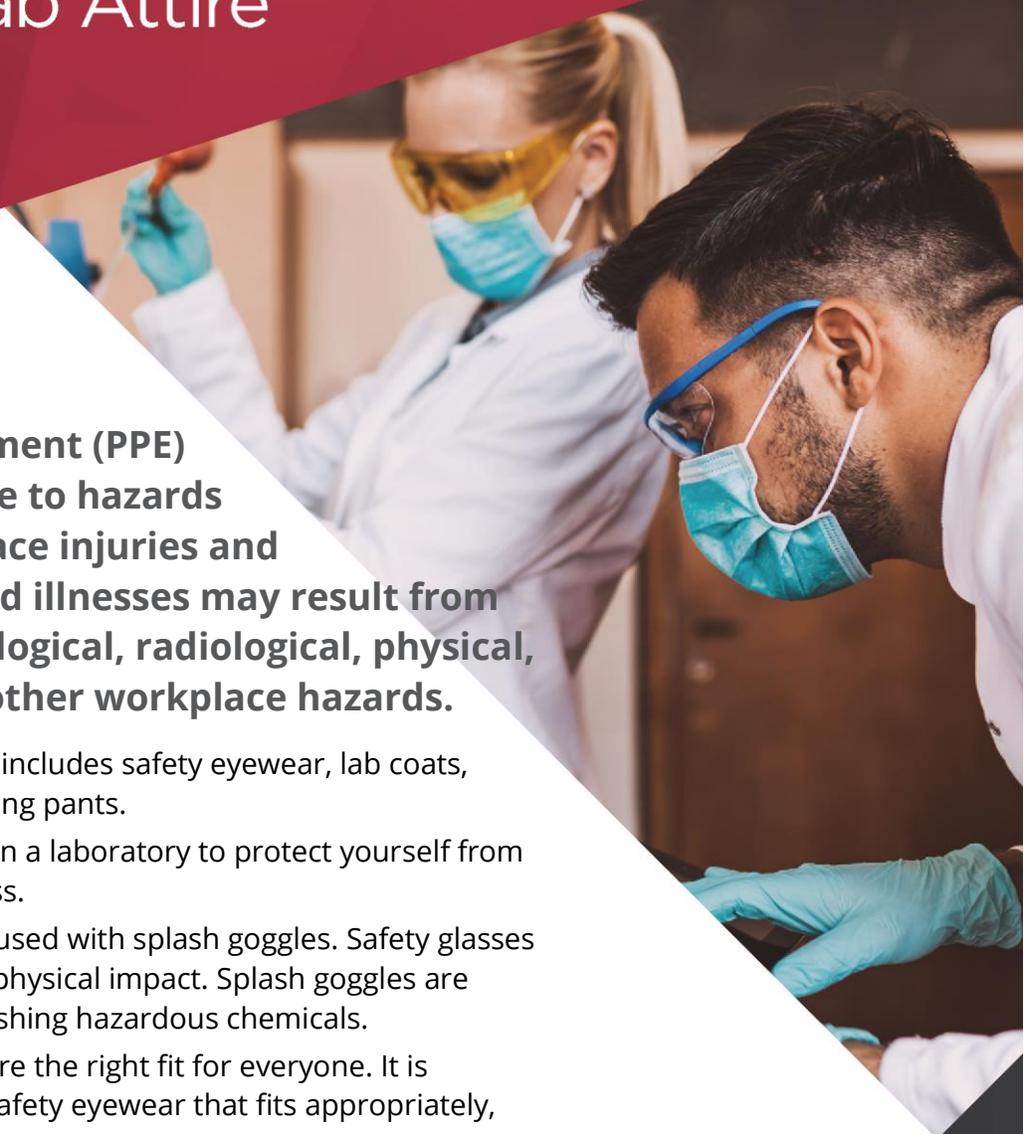


LAB SAFETY AWARENESS WEEK

Personal Protective Equipment and General Lab Attire



Personal protective equipment (PPE) helps to minimize exposure to hazards that cause serious workplace injuries and illnesses. These injuries and illnesses may result from contact with chemical, biological, radiological, physical, electrical, mechanical, or other workplace hazards.

- Basic protection for laboratories includes safety eyewear, lab coats, gloves, closed-toed shoes, and long pants.
- Closed-toed shoes are essential in a laboratory to protect yourself from chemical splashes or broken glass.
- Safety glasses are not to be confused with splash goggles. Safety glasses are worn when there is a risk of physical impact. Splash goggles are worn when there is a risk of splashing hazardous chemicals.
- Not all styles of [safety eyewear](#) are the right fit for everyone. It is important to be properly fit for safety eyewear that fits appropriately, even over prescription glasses.
- Just because a lab coat feels like it fits does not mean it is the correct fit for you. Length of sleeves when working at a lab bench can be the difference between sizes. It is important to [receive a proper fitting](#) to ensure you are wearing the correct size.
- Different types of lab coats are made for different types of hazards. Be sure that you are donning the [correct type of lab coat](#) for the specific work you are doing.