

WHAT YOU AS A SUPERVISOR MUST DO

1. Water Availability

- Plenty of fresh, pure, and suitably cool water is located close to where the employees are working
- Plan to regularly refill water coolers throughout the day

2. Shade and Rest

- A shade structure is always available for employees to rest and cool down (regardless of weather conditions).
- The weather forecast is known and current weather is monitored.

3. Safety Training

- All employees are trained on aspects of heat illness BEFORE they begin working outdoors.
- Employees can identify symptoms of heat illness.
- A plan is in place to acclimate new employees.

4. Emergency Plan

- Everyone knows how to contact the proper authorities.
- Employees can explain their location if they need to call the proper authorities.
- Employees are trained to look out for each other.

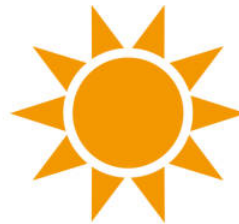
5. The employees are instructed to:

- Drink water frequently (at least every 15 minutes).
- Rest in the cool shade during breaks and as needed.

WHAT YOU NEED TO KNOW

The Cal/OSHA's Heat Prevention Regulation (CC Title 8, §3395) states that as a supervisor, you are required to take certain steps to protect employees from heat illness, especially when they are working outside. Use this document to ensure the safety of all persons during these hot months.

- Contact EH&S at (951) 827-5528 if you have any questions/concerns.
- For all emergencies:
 - UCR Emergency Information Line: (951) UCR-WARN or (951) 827-9276
 - UCR Police Department: (951) 827-5222
 - In case of Emergency, dial 911



ADDITIONAL INFORMATION

Cal-OSHA Heat Illness Prevention:

<https://www.dir.ca.gov/dosh/heatillnessinfo.html>

OSHA Heat Illness Prevention

<https://www.osha.gov/heat>

NIOSH Heat Illness Prevention

<https://www.cdc.gov/niosh/topics/heatstress/>