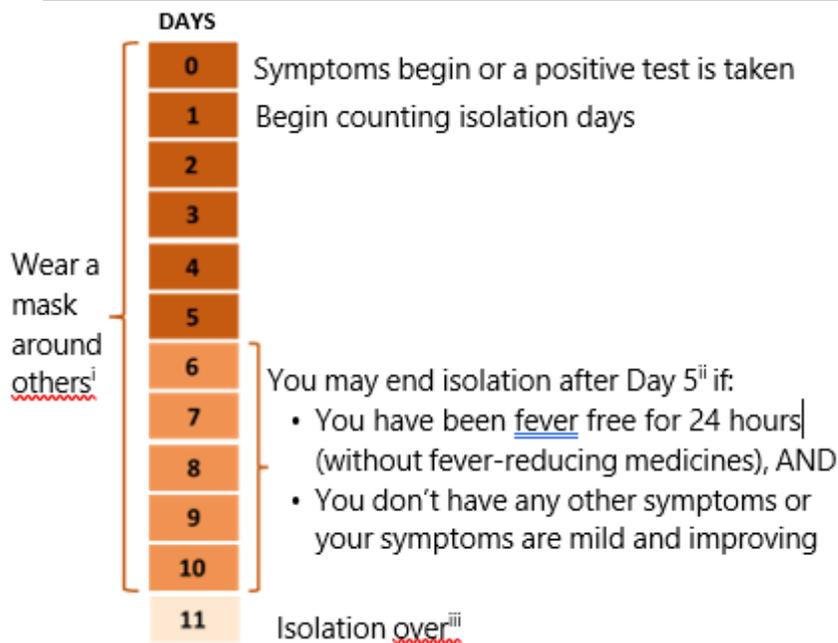


UCR COVID19 Procedures to follow as of 08/15/2023 for Positive cases.

1. Having informed the campus about your positive COVID-19 test result, it is imperative that you commence your isolation without delay.
 - Students who need to isolate should notify and share this message with their course instructors as soon as possible.
 - Employee who needs to isolate, please inform your supervisor and HR partners, treating it as any other medical leave situation.
2. Wear a properly fitting mask consistently until the tenth day. (Day 10)ⁱ
3. Those who are infected should promptly inform their close contacts, urging them to undergo testing between 3 to 5 days following potential exposure. In situations where exposure occurs on campus, employees are obligated to complete a [COVID Screening Survey](#). Similarly, students are kindly requested to employ the Student Link: [Patient portal](#) enabling us to inform relevant individuals for testing purposes.

❖ You are required to remain at home for a minimum until Day 6ⁱⁱ or potentially Day 11ⁱⁱⁱ, adhering to the provided isolation guidelines. It is essential to continuously assess your symptoms before concluding the isolation period.



- i. Should you satisfy the eligibility requirements to conclude isolation by the conclusion of Day 5, you have the option to discontinue mask-wearing provided you acquire two successive negative COVID-19 test results, each conducted with a minimum gap of one day. In instances where this criterion is not met, it is advisable to persist with mask usage until the tenth day. This directive is applicable for indoor environments. **It is important to note that UCR does not grant authorization for premature termination of isolation or reentry onto the campus premises.** You may follow the guidance provided above.
- ii. CDPH *strongly recommends* that you get a negative test for COVID-19 before ending isolation between Day 6-10. If you do test, it is best to use antigen tests (including self-tests) to lower the risk of false positives.
- iii. If you still have a fever, stay in isolation until 24 hours after your fever resolves. If you are immunocompromised or had severe COVID-19, talk with your doctor about when you can be around others.

Table 1: Persons Who Should Isolate

Persons Who Test Positive for COVID-19	Recommended Actions
<p>Everyone, regardless of vaccination status, previous infection, or lack of symptoms.</p> <p>Persons in healthcare settings should follow recommendations and requirements as listed below</p> <p>For clinical areas</p>	<ul style="list-style-type: none"> ▪ Stay home for at least 5 days after start of symptoms (Day 0) or after date of first positive test (Day 0) if no symptoms. ▪ Submit a COVID Screening Survey or for students please use the Student Link: Patient portal and continue to self-isolate. ▪ Isolation can end after Day 5. if: <ul style="list-style-type: none"> ○ Symptoms are not present, or are mild and improving; AND ○ You are fever-free for 24 hours (without the use of fever-reducing medication). ▪ If fever is present, isolation should be continued until 24 hours after fever resolves. ▪ If symptoms, other than fever, are not improving, continue to isolate until symptoms are improving or until after Day 10. ▪ If the confirmed case has severe symptoms, or is at high risk of serious disease or has questions concerning care, they should contact their healthcare provider for available treatments. ▪ Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.* ▪ After you have ended isolation, if your symptoms recur or worsen, get tested again and if positive, restart isolation at Day 0 and Submit a COVID Screening Survey. For students please use the Student Link: Patient portal

*After ending isolation (no fever without the use of fever-reducing medications and symptoms are improving), confirmed cases may remove their mask sooner than Day 10 if they have two sequential negative tests at least one day apart. If antigen test results are positive, the person may still be infectious and should continue wearing a mask and wait at least one day before taking another test.