

UCR COVID19 Procedures to follow as of 08/15/2023 for Close Contacts

If you have been in close contact with a person who has COVID-19 and are currently not experiencing any symptoms:

Students are not required to isolate, and this situation does not serve as a valid reason to miss classes or exams.

Here are the recommended steps to follow:

- Wear a properly fitted mask when indoors and around other people for a period of 10 days.
- Undergo testing for COVID-19 between 3 to 5 days after your last exposure to the infected individual.
- To calculate the days, consider the day of your most recent contact (exposure) with the person who tested positive as Day 0.
 - If your test result comes back **positive, you should isolate**. Employees must submit results via the [COVID Screening Survey](#); for students please use the Student Link: [Patient portal](#) and initiate isolation as per provided instructions.
 - **Note:** If you have received a positive COVID test within the past 30 days and do not have symptoms, it is not recommended to undergo testing again.
 - **If your tests come back negative on both day 3 and day 5, you can continue to come to campus while wearing a mask, until day 10.**
 - Additionally, it is advised to promptly seek testing if you or someone you live with is at an [higher risk for severe illness](#) due to COVID-19. If you receive a negative result before Day 3, consider retesting between Days 3 and 5, with at least 24 hours between the two tests.
- **Monitor your health for the entire 10-day period.**
 - **If any symptoms start during these 10 days**, it's important to get tested immediately and stay at home, avoiding contact with others. However, if you remain asymptomatic, you are not required to isolate from others, but you must continue to wear a mask.

Close Contacts – (No Quarantine)

Asymptomatic Persons Who are Exposed to Someone with COVID-19 (No Quarantine)	Recommended Actions
<ul style="list-style-type: none"> ▪ Everyone, regardless of vaccination status. 	<ul style="list-style-type: none"> ▪ Test within 3-5 days after last exposure.

<ul style="list-style-type: none"> ▪ Persons infected within the prior 30 days do not need to be tested, quarantined, or excluded from work unless symptoms develop. ▪ Persons in healthcare settings should follow recommendations and requirements as listed below. For clinical areas 	<ul style="list-style-type: none"> ○ If the antigen test taken is NEGATIVE, at day 3 and day 5 continue to come to campus but you must mask until day 10. ▪ Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings. ▪ If you develop COVID-like symptoms, stay home, and employees must submit results via the COVID Screening Survey; for students please use the Student Link: Patient portal and begin to isolate – following the instruction provided. ▪ If test result is positive: employees must submit results via the COVID Screening Survey; for students please use the Student Link: Patient portal and begin to isolate – following the instruction provided.
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In some workplaces, employers are subject to the [Cal/OSHA Aerosol Transmissible Diseases \(ATD\) Standard](#) and should consult those regulations for additional applicable requirements.

All close contacts:

- Should consider testing as soon as possible to determine infection status and follow all isolation recommendations above if testing positive. Knowing one is infected early enables (a) earlier access to treatment options, if indicated (especially for those who may be at risk for severe illness), and (b) notification of exposed persons (close contacts) who may also benefit by knowing if they are infected. **If testing negative before Day 3, retest at least a day later at least once, during the 3–5 day window following exposure.**
- Close contacts who were previously infected in the last 30 days do not need to test unless symptoms develop.
- Close contacts who were previously infected in the last 31–90 days should test using an antigen test, even if asymptomatic and regardless of vaccination status, given the increased transmissibility and increased repeat infections with the circulating Omicron variant and the higher likelihood that they may be infected.