



**HIGHLANDER
SAFETY TEAM**

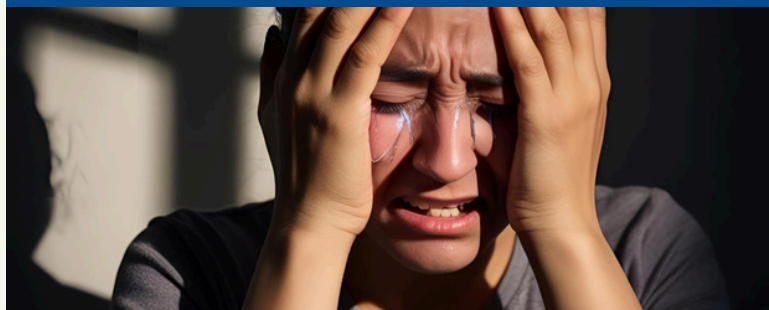
ENVIRONMENTAL HEALTH &
SAFETY

WEEKLY SAFETY TOPICS

EMERGENCY EQUIPMENT

USING AN EYEWASH

IF YOU GET SOMETHING IN YOUR EYES...



1. Keep your eyes closed and do not rub them.
2. Call for help
 - If someone is nearby, ask them to take you to the eyewash station
 - If you're alone, stay calm and carefully go to the eyewash station yourself.
3. Flush your eyes at the eyewash station:
 - Turn on the water and position your eyes in the stream.
 - Hold your eyelids open with your fingers and flush for 15 minutes.
 - Move your eyes in all directions to help remove the contaminant.
 - Ask a co-worker to help hold your eyes open if needed.
4. Seek medical attention, even if your eyes feel fine.
5. Report the incident to your supervisor and to EH&S:
 - Call: 951-827-5528
 - Online:
<https://ehs.ucr.edu/report>