



Medical emergencies can happen at any time. Knowing where to find an AED (Automated External Defibrillator) and how to use it can save a life during a cardiac emergency.

AEDs are designed to be simple and easy to use—even without prior training. Below is some helpful information for using AEDs.

#### Locating an AED at UCR:

- AEDs are located in many building lobbies, mounted on a wall inside a white box.
- Opening the box may trigger an alarm, but this does not alert 911 or the police.
- If you need to use an AED, call 911 immediately.



#### AED and CPR Use at UCR:

- No training is needed to use an AED.
- CPR requires training—do not perform CPR unless you are certified.
- UCR employees can take First Aid/CPR training at the Student Recreation Center.
- If needed, attach the AED to the victim and follow the voice prompts.
  - At the CPR prompt, if untrained, just wait until the AED gives another direction.
  - The AED will analyze the victim and may advise a shock.



TO LEARN MORE ABOUT AEDS AT UCR  
SCAN BELOW

