Preventing Collisions

Nearly 15 percent of restaurant injuries are related to workers being struck by objects. Workers getting struck by or against objects ranks #5 on the list of the most costly workplace injuries. Here are some helpful tips to avoid getting struck by or against objects:

- Follow good housekeeping practices.
- Always stay and keep others alert to your surroundings.
- Avoid getting distracted by conversations.
- Keep floors clean and walking paths unobstructed.
- Maintain a clear view of your path when walking through the kitchen.
- Eliminate all horseplay around the work area.
- Watch for electrical cords, uneven surfaces and other tripping hazards.
- Wear slip-resistant shoes.
- Do not stick your hands inside equipment with moving parts.