HIGH TOUCH AREA
WASH HANDS OFTEN

WASH
Wash hands frequently with soap and water for at least 20 seconds.

DON’T TOUCH
Avoid touching your eyes, nose or mouth.

CLEAN
Clean and disinfect surfaces that may have been contaminated.

COVER
Cover your coughs/sneezes with a tissue and dispose. Use your elbow, not your hands.

AVOID
AVOID contact with sick people. Stay home if you are sick.

COVID-19 Guidance

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