

Research Ramp-Up Checklist



Pre-Resumption Checklist for Principal Investigators (PI) or Lab Supervisors (ver. 6/5/2020)

	ITEM	N/A	Notes
- 1 - 1	Planning: Complete the UCR COVID-19 Distancing and Sanitization General Protocols (coming soon).		
	Planning: Assess your space for the ability to meet social distancing guidelines as outlined in the COVID-19 Distancing and Sanitization General Protocols (coming soon).		
	 Planning: Determine how many people can work safely in your areas at a single time while observing appropriate social distancing. Each individual working in the lab must at all times have at least 6' clearance on all sides from others, if possible. Personnel must wear face coverings while conducting activities. No more than one person should occupy a small space/room at any time. Designated separate workstations so spaces are not shared. Implement a remote buddy system for persons working alone or while maintaining social distancing Consider placing colored painters' tape on the floor around the work spaces indicating boundaries between workers. 		
	Assessment: For shared work spaces, work with the other units, supervisors and facility representatives to establish appropriate guidelines for the space.		
	 Work Schedules: Limit the number of researchers in a space by rotating or staggering work and lunch schedules in order to allow space for social distancing. Use shifts of half group at a time. Create a shared calendar to track who will work at what time. It is highly recommended that you have a system to annotate check in/check out so that people do not unintentionally overlap in time if the space cannot allow it. Suggestions: Google calendar, Google Drive, etc. For public safety and security, limit activities on campus from 5am – 7pm. 		
	 Share calendar with the appropriate department representatives. Post occupancy limits on the door, visible to those outside. Post calendar on the door, visible to those outside 		
	 Shared Facilities: Post hourly schedule on the procedure rooms and shared equipment (i.e., Fume hoods, biosafety cabinets, etc.) or utilize a shared calendar or other multi-user scheduling system. 		





	•	Establish procedures for disinfection of all touchable surfaces,	
		including disinfecting equipment before and after each use.	
		Place a spray bottle with disinfectant and wipes near the	
		equipment.	
	•	Make sure that contact information is available for equipment	
		stewards or facility managers who may not be onsite during all	
		shifts.	
	Ra	mp Up Authorization: Obtain authorization from your Dean	
	and	d/or Department Chair prior to return to campus.	
	For	core facilities, machine shops and fabrication lines, obtain	
	aut	thorization from corresponding dean(s) who have purview over	
	the	em. Core facilities under the purview of RED and the incubator	
	fac	ilities in MRB, obtain approval from VCRED. This information will	
	be	shared with EH&S, Facilities Services, and UCPD.	
	Lak	Hazard Assessment: Verify your Laboratory Hazard Assessment	
	Tod	ol (LHAT) is current and certified. Review and update hazards and	
	ros	ter in https://ehs.ucop.edu/.	
		dding new lab personnel, ensure <u>Lab Site Specific Training</u> is	
	ļ.	ovided and documented.	
	Tra	nining:	
	•	Verify that all lab personnel are current with EH&S Training	
		Requirements. If not current, complete/refresh all required	
Ш		training modules prior to returning to campus. Access training	
	_	courses via ucrlearning.ucr.edu.	
	•	Ensure all lab personnel complete COVID-19 Prevention training	
	C1	via <u>UCR Learning</u> (coming soon) prior to returning to work.	
П		Indard Operating Procedures: Verify standard operating	
	pro	ocedures are updated, reviewed, signed and available.	
	Us	e Authorizations: Confirm all authorizations (i.e., Biological Use	
	Au	thorization, IRB, Animal Use Protocol, Conflict of interest	
	dis	closures, Radiation Use Authorization, etc.) are current and	
	acc	curate. Submit/Update use authorization with respective	
	cor	mmittees under the purview of RED and/or EH&S.	
	Su	pport Services: Assess what support services and deliveries (such	
П		compressed gases, reagents, dry ice) you may require when your	
Ш		earch is restarted and determine whether those services are	
	ı ·	erational and will be available when you need them.	
	Est	ablish Entry procedures and post them:	
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1) Enter the lab	
2) wash hands with soap for at least 20 seconds	
3) put on eye protection	
4) put on lab coat	
5) put on gloves	
6) walk-through all of your areas and complete a visual inspection	
looking for any evidence of problems: broken chemical containers,	
old waste, leaks, failed equipment, spills, etc.	
Establish Exit Procedures and post them:	
Example:	
1) remove gloves	
2) remove lab coat	
3) wash hands with soap for at least 20 seconds	
4)remove eye protection	
5) exit by touching the door handle with elbow or hip/side, use a	
wipe, etc. (i.e., not with hands)	
Face Covering: Verify staff members have a face covering available	
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prior to coming to work. Submit a <u>request</u> to obtain face coverings	
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First Time You Arrive in Lab - Checklist

Facility				
	Wear appropriate PPE: Follow established entry procedures and wear appropriate PPE as prescribed by LHAT.			
	Walk-through of lab: Check for leaks, alarms, or unusual physical conditions in the lab that need to be addressed.			
	 Assess stock of PPE (i.e. lab coats, safety eyewear) and ensure you have enough supplies to perform the work you intend to do. Contact EH&S at ehslaboratory@ucr.edu to inquire about additional PPE supplies. For any excess PPE, consider recycling by contacting EH&S at ehslaboratory@ucr.edu. Set up an area for PPE storage so that lab coats are on individual hooks/hangers to minimize the potential for crosscontamination. Ensure lab coats and safety eyewear are not shared. Shared PPE (i.e. chemical face shields, chemical splash apron) should be cleaned and disinfected between each use. Wear nitrile gloves when using communal gloves (i.e. Cryogenic gloves). For lab personnel who have not previously received PPE, follow the Step-to-get-your-PPE to obtain lab coats and safety eyewear as prescribed in the PI's lab. Establish frequency for lab coat laundering. To launder lab coats, submit a Lab Coat Laundering Request via Campus Business Services. 			
	Emergency Contact Information: Verify that the contact information on your Door Placard is accurate. You can update lab contacts at https://econtact.ucr.edu/			
	Pests: Look for signs of pest activity, including rodent droppings on floors, desks, and in cabinets, gnawed foods, and shredded papers; cockroaches and ants; pantry moths, fruit flies, wasps. Pest concerns, contact Facilities Services 951-827-4214.			
	Sinks: Turn on faucet to flush sink drains with water to mitigate sewer gas smells that are often confused with natural gas leaks.			
	Dry Traps/Floor Drains: Pour water down dry traps/floor drains to mitigate sewer gas smells that are often confused with natural gas leaks.			





	Mold/Moisture: Look for evidence of water intrusion, staining, mold	
	growth, and report to Facilities Services 951-827-4214.	
	Indoor Air Quality (IAQ): IAQ can be resolved when HVAC systems	
	are restored, or windows are opened. Additional IAQ contributors	
	include dried-out p-traps in floor drains and sink drains. Pour water	
	into drains to fill the p-trap. If efforts do not resolve the IAQ, report	
	to EH&S.	
Equ	ipment/Materials	
	Self-supplied areas: Confirm there is adequate supply of soap and	
	paper towels for hand washing and that adequate supply of	
Ш	disinfectant will be available for cleaning shared equipment and	
	work areas.	
	Fume Hoods:	
	 Verify chemical fume hoods has been tested within the last year 	
	and that visual indicators show proper hood function. If fume	
Ш	hoods need to be recertified, contact ehsih@ucr.edu .	
	Establish a shared calendar or other multiuser scheduling	
	system, and a disinfection plan before/after each use.	
	Biosafety Cabinets (BSCs):	
	 Verify biosafety cabinets are operating as normal. Check that all 	
	biosafety cabinets have been certified within the last year.	
	Contact Technical Safety Service (TSS) at (562) 694-3626 for	
	recertification.	
Ш	Turn on BSCs and disinfect surface before conducting lab work.	
	 Set up new aspirator collection flasks, if needed. Replace any 	
	filters older than one- year.	
	 Establish a shared calendar or other multiuser scheduling 	
	system, and a disinfection plan before/after each use.	
	Autoclaves:	
	 Run and validate that autoclave is working properly. 	
	Establish a shared calendar or other multiuser scheduling	
	system, and a disinfection plan before/after each use.	
Res	earch Materials	
	Research Materials: Carefully inspect all chemicals and biological	
	materials for signs of degradation or contamination before use.	
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	Chemicals:	
	Be careful when opening chemical storage cabinets and refrigerators for the first time. Veners may be accumulated as	
	refrigerators for the first time. Vapors may be accumulated or containers may be shifted	
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	 Check for expired chemicals and disposed expired items by 	
	requesting a Hazardous Waste pick up	
	(https://ehs.ucop.edu/waste/#/)	
	Chemical Inventory:	
	Ensure compressed gases are also included in your inventory.	
	 Verify that all chemicals have been updated in the Chemical 	
	Inventory database (https://ehs.ucop.edu/chemicals/) to ensure	
Ш	accuracy and no loss of materials (chemicals, radioactive	
	material stock, toxins, controlled substances, regulated etc.).	
	Report any missing inventory to UCPD at 951-827-5222.	
	Radiation: Check Geiger counter to ensure that the meter runs.	
	Turn on Geiger counter and conduct a lab radiation survey, if	
	needed.	
Haz	ardous Waste	
	Storage areas: Inspect hazardous waste storage for spills or unsafe	
	conditions.	
	Hazardous Waste: Collect and properly label all hazardous chemical	
	waste in satellite accumulation areas (SAAs). Segregate	
	incompatible chemicals by means of a physical barrier (e.g., plastic	
	secondary bins or trays). Request EH&S hazardous waste pick up for	
	any containers that are ~80% full or at 180 days accumulation.	
	Biohazardous Waste: Collect all solid biological waste in appropriate	
	containers. If your lab does not have a routine biowaste pick up,	
	request removal, <u>request removal</u> .	_
	Radioactive Waste: Collect radioactive material into the	
Ш	appropriate waste containers and Request a Radioactive	
	Waste Pick Up from EHS.	
	mals	
	Supplies : Verify you have enough supplies to care and maintain the	
	daily check-ins for the animals under your laboratory's purview.	
	Identify and document those in your laboratory that will be	
	responsible for the daily care of animals under your labs purview	
П	(the documentation should include back-ups). NOTE: If possible, it	
	should be one person at a time performing these functions. If more	
	than one person is required, it's essential that they practice social	
	distancing and keep at least six feet between each other.	
	Training: Verify all your lab personnel that will be providing animal	
	husbandry services received training on basic animal husbandry	



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	(e.g., how to set up a rodent cage with food, water, and bedding,	
	and how to check animal health).	
	Emergency Plan: Develop an emergency plan in the event those that	
	are identified (including the PI) to care for the animals, under your	
	laboratory's purview, become ill and unable to leave home.	
	Do you anticipate that activities currently being done by your	
	laboratory with daily animal care and maintenance will require	
	assistance of the Vivarium staff? If so, please email that request to	
	the Campus Veterinarian Akiko Sato (<u>Akiko.sato@ucr.edu</u>) and	
	Dierk Biggs (<u>Dierk.biggs@ucr.edu</u>). (Note: The Campus Vivarium	
	may not be able to fulfill such request.)	
	Any field or off-campus research (under RED oversight or	
	otherwise): Develop and implement social distancing protocols of at	
	least 6 feet, carrying a thermometer in the first-aid kit, having	
	staff/vehicle capability to isolate individuals or transport to medical	
	care; and maintain robust communication to receive updates and	
	get assistance if needed.	

Please contact EH&S at 951-827-5528 or ehslaboratory@ucr.edu with questions about how to safely resume research operations in your laboratory.