

# No Sew Face Mask from a Bandana

**Materials Needed:** 1 Bandana, scarf, or handkerchief | 2 Rubber bands or hair ties

## Step 1

Lay the fabric flat on a table or surface with the patterned side face down.



## Step 2

Fold opposite sides of the bandana to the center.



## Step 3

Repeat step 2 by folding the sides toward the center again.



## Step 4

Take a rubber band or hair tie and slip it over each end of the folded fabric.



## Step 5

Fold the right and left sides of the fabric toward the center. Tug/pull rubber bands to stretch from fabric. Adjust width of mask to cover your face.



## Step 6

The side that's facing you will now be the inside of the mask.

To wear, bring the mask to your mouth and put the rubber bands around your ears to hold it secure.



Adjust the mask to cover both your mouth and nose and fit snugly to your face.